

Dorset ward

Barnet, Enfield and Haringey Mental Health Trust

The Chase Building

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Enfield

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Mental Health Tribunal Report

Date:01/11/18

Patient details

Mr Simon Cordell (11214451)

Date of birth: 26 Jan 1981

Address : 109 Burncroft Avenue, Enfield

Post Code : EN3 7JQ

Circumstances of admission and background

Mr Cordell is a 37 years old man with previous diagnosis of F29X - Unspecified nonorganic psychosis. He has been known to CAMHS service in the past and to Adult Mental Health Services since 2014. However he has not been engaging with the services in recent years despite numerous attempts from mental health teams.

Mr Cordell become significantly unwell in mental health in 2014. He deteriorated significantly in mental state but he refused engage with mental health service and declined to take medication. Consequently he had to be detained under Section 2 of MHA in 2016 . He was treated with medication (Olanzapine) during the admission but soon after discharge he stopped taking his medication. He continued to be seen by Early Intervention service following a discharge but he continued to refuse any treatment for his condition. This led to further deterioration in mental health. When Mr Cordell is unwell he presents with persecutory delusions about his neighbours, council staff and the police. As a result of paranoid beliefs he becomes more aggressive and threatening especially towards neighbours. From 2016 to January 2018 there were numerous complaints from neighbours reported about Mr Cordell's acts of harassment and antisocial behaviour. This led to an interim injunction order (harassment order) to be issued against Mr Cordell, at the Edmonton County Court, in January 2018 . Mr Cordell breached the order on multiple occasions. It has been reported that his neighbours have been assaulted, harassed and have received threats from Mr Cordell. In addition, Mr Cordell disengaged with EIS.

In April 2018 further deterioration in mental health was observed when he contacted the police and complained about the neighbours making noise. EIS team was contacted and they offered to review Mr Cordell but he refused to work with them again.

On the 1st of June he was arrested for harassing his neighbours and breaching the injunction order against him. He threatened his neighbour who was at the time with her two children that he

will kill her and her children " You fucking bitch, I have a bomb for you, I will get in your block, kill you and your children ." At that point, EIS stated that he has gone beyond EIS three year treatment period and therefore they referred his case to Enfield North Locality Team in June 2018. During the period of next few months (from June 2018 until October 2018 – they were reported numerous account of harassment and assaults to his council on his neighbour) Mr Cordell has continued to harass his neighbours and has refused to engage with mental health services. Few neighbours already moved out from their flats due to Mr Cordell's aggressive behaviour and Enfield Council decided to seek possession of Mr Cordell's flat via the courts. In a recent court case the judge recommended that Enfield Council re-house Mr Cordell on the proviso that he engages with the MH Team. However he failed to do that.

In October 2018, Mr Cordell was physically aggressive towards another service user who lives in the same building as him. Mr Cordell took him by the throat and left him feeling unable to walk around on the floor or even flush his toilet chain for fear of sparking another altercation (with no basis) about excessive noise.

This triggered a safeguarding process and Enfield Adult North Locality Team decided to organise MHA assessment as Mr Cordell refused to engage with them.

Consequently, he was referred for MHA assessment on the 17th of October 2018. Enfield Adult North Locality Team agreed that he is at risk to others and his behaviour could also put him at risk from others. Application for 135(1) was made however a judge found insufficient evidence presented for a warrant. He was referred to a forensic sector following this event.

On the 25th of October he was arrested as the police were called to his flat regarding him breaking a harassment order and that day he allegedly assaulted the police who attended by spitting. Consequently, he was taken to Wood Green police station. He was found to be thought disordered with grandiose and persecutory delusions, hypomanic with flight of ideas and pressured speech. Therefore MHA assessment was organised. He was detained under section 2 of MHA and admitted to Dorset ward, Chase Farm Hospital on the 25th of October 2018.

Mr Cordell explained that the police were conspiring with medics and the council to silence him as he had uncovered police corruption. He also said his neighbours two floors above were controlling the neighbour below them and caused them to stamp on the floor and disturb him. It was reported that he appeared to lack insight into his presentation as he did not believe he was mentally unwell and was adamant to see a psychiatrist for treatment.

Mental state examination on admission

Mr Cordell is 37 year old male, mixed origin, slim build. He was wearing casual and dirty clothes. He engaged in conversation and made eye contact throughout. He was calm and polite during the interview, no aggression was observed but did become mildly restless at points. The conversation was one sided with Mr Cordell keen to talk. He presented with pressured speech and flight of ideas. Mood , subjectively he described as "fine, a bit elated", objectively he was elated. Thoughts: He presented thought disordered with tangential thinking, grandiose and persecutory delusions. He was oriented to time, place and person. He presented with poor insight – does not want any medications, he does not believe that has a mental health disorder .

Risk

To self – high

Immediate risk to self is low as he denies any thoughts of self-harm or suicide. There are previous reports of suicide attempt as teenager. However he is at high risk of being evicted from his property at present due to deterioration in his mental state and behaviour and his mental and physical health could be significantly affected if he becomes homeless.

To others – high

He denies thoughts or plans to hurt others. He has clearly documented history of aggressive behaviour and currently elated.

From others – high, as he can be aggressive towards others, he is at risk of retaliation from others.

Risk of physical and verbal aggression towards others noted. This in turn, increases risk of others retaliating, therefore harm towards Mr Cordell.

Past psychiatric history:

Mr Cordell reportedly had disrupted childhood spending some adolescence in care. He was under CAMHS due to anxiety as a teenager.

Mr Cordell tried to hang himself at the age of 16 when in a young offenders institution; he says he lost consciousness and needed to be resuscitated. He was moved to a high security hospital and kept in seclusion on a number of occasions, but he says he would destroy the padded cell with his teeth. He says he was seen regularly by a psychiatrist called Dr Caplin from "the safe project". Mr Cordell says there was a second occasion where he tried to hang himself when in a cell after he was sentenced.

Mr Cordell denies any contact with Mental Health Services between that point and 2014.

In March 2014 – He was diagnosed with Adjustment reaction "anxiety and suicidal thoughts over the last nine months in the context of having a pending court case (accused of burglary). He was offered Sertraline 50mg OD .

In November 2014 – Mr Cordell was under Home Treatment Team. He was diagnosed with Psychotic episode - not deemed sectionable under MHA. Following this episode he disengaged with mental health service.

In November 2015 – He was referred via BEH HUB to mental health services. At that time Mr Cordell was not eating, not sleeping, he was paranoid saying people were talking about him or laughing at him, believed the government was advertising things about him, the TV was talking about him and talking directly to him. He was smoking cannabis at that time. He was again found non sectionable under MHA and disengaged with the service.

In February 2016 it was applied for Warrant 135 (1) – but not sufficient evidence was presented to the judge for a warrant.

In August 2016, he was admitted under Section 2 of the MHA following custody at Wood Green station for threats to kill - section 2 reversed on appeal. He was discharged on Olanzapine 5mg and followed up by EIS. It was reported poor compliance with medication on discharge. Consequently he was discharged from EIS due to disengagement.

Past medical history:

Simon said he had Crohn's disease as a child. He denied any other physical health problems.

Current medications

Nil.

Personal/family history- information taken from previous assessments/reports

Mr Cordell was born at Chase Farm Hospital. He has a younger brother and sister. Mr Cordell says he knows his maternal grandmother attempted suicide on a number of occasions and had had admissions to mental hospital. Mr Cordell's father worked as a union representative and his mother ran her own computer company. His parents recently divorced.

Mr Cordell says he did not get on well with his father who was a violent man. He was violent towards Mr Cordell, Mr Cordell's mother and siblings. Mr Cordell left home at the age of fifteen and was homeless for a while. He was placed in to care after stealing a pint of milk. He was placed in a series of children's care homes around the UK, but says that each time he would steal a car and drive back to London.

Mr Cordell said he was pushed hard to achieve at school by his father and that he was "an A-star student" for most of the time. He says he was intelligent and would do the work at other times and as a result would often just "mess about" in class. He went on to college and studied engine mechanics, completing a city & guilds qualification. After leaving school he went on to get jobs in the construction industry.

Mr Cordell says he has tried to build himself up a business for providing party entertainment. At the moment he says he is not able to earn from this due to the restrictions of his bail.

Mr Cordell has had two long term relationships . First relationship lasted for thirteen years. Mr Cordell thinks they broke up due to the repeated involvement of the police in their lives and the stress this has caused. He is currently in a relationship with Katy and he said that they were expecting a baby.

Mr Cordell says he does not smoke tobacco and does not drink alcohol.

Grandmother (? maternal) had BPAD and/or schizophrenia.

Social history :

Mr Cordell works from home currently. He says that he does 9-10 hour shifts building his website. Previously he has had multiple different jobs including working at a market and brick laying. He has a new baby on the way with Katy – due to get married soon. From Rio - “Enfield Council will be seeking possession of Mr Cordell’s flat via the courts. In a recent court case the judge recommended that Enfield Council re-house Mr Cordell on the proviso that he engages with the MH Team. He failed to fulfil the requirement.

Drug and alcohol history- information taken from previous assessments/reports

He reported being “Clean as anything, occasionally have a puff of a cigarette”. He denies drinking any alcohol. However UDS was positive for cannabis on admission.

Note on Rio previous LSD and cannabis use.

Forensic history -information taken from previous assessments/reports

He reported being **linked to 500 cases** but he has won every one. He says these are all linked to **driving offences**.

From Rio - 2015- 5y ASBO for organising illegal raves- not allowed to enter industrial or disused premises between 10pm and 7 am. Young Offender's Institution at the age of 16 after repeated driving offences (driving without a license). Taken into custody for threats to kill.

August 2017 an injunction order was issued though this was discharged by the court in November 2017 due to a procedural error

On the 9th of January 2018 an injunction order was issued against him due to verbal and physical abuse towards his neighbours and council employees and antisocial behaviour. He breached the injunction order on multiple occasions. This was discharged in **July 2018**, following a forensic psychiatry assessment which deemed him to lack capacity to understand the conditions of the injunction (as a result of a psychotic illness).

Enfield council report was issued recently regarding tenancy concerns and breaches: The report says the following:

We have received several complaints of anti-social behaviour against you and going back to 2016 for which you have been warned numerous times, verbally and formally in writing. Please see below a list of reports made against you:

- 1) On 6th July 2016, it is alleged that you approached an elderly neighbour as he came out of his flat and started to shout abuse and swear at him and threatened to burn down his flat.
- 2) Sometime in July 2016 it is alleged that you damaged the lock of a neighbour's electric cupboard and removed his fuse box resulting in no electricity to his flat.
- 3) On 6th August 2016, it is alleged that you threatened one of your neighbours and his wife and aggressively demanded money from him. It is also alleged that you repeatedly swore and shouted

abuse at him and his wife and called his wife a 'bitch' and tried to stop him from going up the stairs to his flat by standing in front of him.

4) Sometimes in September 2016 it is alleged that you confronted an elderly neighbour outside your block of flats, 109 – 119 Burncroft Avenue as he was going to the local park with another resident and started to shout abuse and He was arrested on the 1st of June due to breaching the injunction order.

threats at him and said to him 'I can get you over at the park, I know you go for a walk'.

5) On 27th September 2016, it is alleged that you confronted one of your neighbours as he was returned to his flat with his family and threatened and swore at him and demanded money from him. It is also alleged that you later banged on his door, shouted further abuse and swear words at him and accused him of making noises inside his flat.

6) On 28th September 2016, it is alleged that you aggressively banged on a neighbour's door and threatened and shouted verbal abuse and swear words at them. It is also alleged that you aggressively demanded money from him.

7) On 4th October 2016, it is alleged that you aggressively banged on your ceiling and accused one of your neighbours of making noises, you then went to your neighbour's flat and started kicking and banging on his front door aggressively, accused him of banging on the floor and was swearing and shouting abuse at him. It is also alleged that you later went downstairs, dragged your neighbour's motorbike from where it was parked and started to hit it with a piece of wood.

8) On 22nd November 2016 during a telephone conversation between you, Mrs Cordell your mother and Ms Sarah Fletcher, neighbourhood officer, Ms Fletcher reported that she overheard you threatened her by saying 'I'm gonna do her over' and then 'I'm gonna take her job just for fun'.

9) On 8th December 2016, it is alleged that you aggressively banged on one of your neighbours' front door, shouted abuse and threats and accused him of making noise.

10) On 11th December 2016, it is alleged that you aggressively banged on your neighbour's door several times and accused them of banging on pipes. It is also alleged that you shouted abuse and threats at them.

11) On 14th December 2016, it is alleged that you were verbally abusive towards a woman who was visiting one of your neighbours as she knocked on your neighbour's door.

12) On 23rd December 2016, it is alleged that you banged on a neighbour's front door, shouted abuse at them and asked them to turn their tap off. You then removed their electricity fuse thereby cutting off their power supply.

13) On 26th December 2016, it is alleged that you ran up the communal stairs to the first floor and confronted one of your neighbours as he was going out with his family and started to shout abuse and threats at him and his wife and accused him of tampering with your water supply, you also attempted to stop him from leaving the block.

14) On 3rd January 2017, it is alleged that you confronted one of your neighbours as he returned to the block with his wife and two-year-old daughter and started shouting abuse and threats at them.

15) On 21st January 2017, it is alleged that you aggressively banged on your neighbour's door, swore and shouted abuse and threats at them and accused them of making noises.

16) On 31st January 2017, it is alleged that you aggressively banged on your neighbour's door, shouted abuse and threats at them and accused them of banging on the floor.

17) We received a report that on 7th February 2017 you approached the leaseholder of 117 Burncroft Avenue and his plumber outside the block as they were attempting to resolve the problem causing low water pressure in the flat. You said to the leaseholder that there were problems between you and his tenants but did not give any specific details. The leaseholder explained to you that his tenants were experiencing low water pressure in the flat and you said to him 'you will not solve the problem as I am restricting their water supply'. The leaseholder later

knocked on your door and asked whether you would increase the water pressure and you stated 'I cannot do anything at the moment, I will sort it out later'.

18) On 24th February 2017 Sarah Fletcher (Neighbourhood Officer) and Steve Stirk (Maintenance Surveyor) attended your property at flat 109 Burncroft Avenue to inspect the property following reports of low water pressure from flats 113 and 117 Burncroft Avenue. While inside your flat, they observed that you have installed an iron security gate inside your front door. It also appeared to them that the wall between your kitchen and living room seemed to have been removed thereby creating an open plan effect. Much of the property was taken up industrial type printers, boxes and folders and there were dog faeces in your back garden.

19) On 17th March 2017 Lemmy Nwabuisi, ASB Coordinator visited 109 Burncroft Avenue to post a letter through your door and as he got into his car to drive off after posting the letter, you ran after him shouting and screaming abuse. The letter requested that you attend our offices to discuss the nuisance reports being received from your neighbours. By the time he returned to the office, you had telephoned him several times. He telephoned you back and you asked whether he was the person that posted a letter through your letterbox and he said yes. You asked why he did not stop when you ran after him and he stated that he had another visit and did not have the time to stop and talk to you. You stated that you will not attend the meeting at the Civic Centre or any of the council offices as you are unable to leave your flat and that the meeting should take place in your flat. Mr Nwabuisi offered to have the meeting at a neutral venue and suggested the local library or at your mother's house but you refused saying that you have done nothing wrong and accused him of taking sides with your neighbours.

20) On 5th May 2017, it is alleged that you threatened one of your neighbours by saying that you will ruin his life and that you were going to the police to present evidence about his illegal activities.

21) On 14th May 2017, it is alleged that you aggressively banged on one of your neighbour's door, shouted abuse and threats at her and falsely accused her of making noise and coming into your flat to attack you. You later followed her to her car shouting abuse and wanting to know where she was going.

22) On 14th May 2017 it is alleged that you allowed your dog to run freely in the communal area of your block without a lead.

23) On 28th May 2017, the police issued you with a first instance Harassment letter following reports of harassment and threatening behaviour made to the police by one of your neighbours.

24.) On 9th June 2017, it is alleged that you attacked one of your neighbours in the communal hallway of your block as he returned from work late at night by grabbing him on the arm and neck thereby causing bruising to his arm and neck. You also snatched his phone from him as he tried to video-record the incident.

25) On 16th June 2017 at 11:55hrs it is alleged that you confronted one of your neighbours as she was exiting the main entrance to your building and said to her that you had her bank details and personal details such as date of birth and said to her that you wanted her and her husband to pay you some money.

26) On 18th June 2017 at 11:55hrs it is alleged that you confronted one of your neighbours as she was exiting the main entrance to your building and said to her that you knew what time she went out and what time she returned and to tell her husband that you would like to speak to him.

27) On 23rd June 2017 at 23:35hrs it is alleged that you came out of your flat with your dog without a lead and attacked one of your neighbours as he returned from work by punching him twice on the chest. You tried to push him out of the block and snatched his phone as he brought took it out of his pocket to record the incident.

28) On 28th June 2017 at 11:45hrs it is alleged that you confronted your neighbour as she was leaving the block. You swore and shouted abuse at her and accused her of making noise inside her flat. You told her that you know all her personal details and that of her husband including their full names, phone numbers, date of birth and banking details. You demanded that they pay you some money and asked her to tell her husband to come and see you.

29) On 30th June 2017 at 11:45hrs it is alleged that you confronted your neighbour as she was

leaving the block and accused her of slamming the door. She denied slamming the door and called her a liar and proceeded to swear and shout abuse at her.

30) On 2nd July 2017 at 17:18hrs it is alleged that you confronted your neighbour as he was going out with his family with your dog barking and without a lead and asked him when he was going to hand over the money. It is also alleged that as they left the block, you ran after them swearing and shouting abuse at your neighbour and demanding that he must pay you some money if he wants you to leave him alone. You also said to him that you have all their personal details including their dates of birth and bank details.

31) On 12th July 2017 an Enfield Council Surveyor attended your flat to investigate reports of low water pressure to flats above yours but you refused him access. The Surveyor attended your flat again in the evening of the same

day following further reports that the water supply to the affected flats had completely ceased and you refused him access. You then followed him to his car swearing and shouting abuse at him and prevented him from entering his car. He then called the police.

32) On 11th November 2017 at 11.30am, it is alleged by one of your neighbours that you came to their front door, opened the letterbox and peeped through it to see who was inside the flat. You then started swearing and shouting abuse and banging on their front door as soon as you saw the neighbour's wife.

33) On 2nd January 2018 at 6.30pm, it is alleged that you stood outside your neighbour's property for more than twenty minutes swearing and shouting abuse. You went away and returned half an hour later, you lifted their letterbox, stuck your mobile phone through the letterbox and started to record his family while swearing and shouting abuse. This went on for about fifteen minutes.

34) On 9th January 2018 at about 12.18pm, you telephone Lemmy Nwabuisi (ASB Behaviour officer) and accused him of forging documents to get an anti-social behaviour order against him and you told him that he had made you a prisoner within your home. You also stated that you knew where he lives in Enfield and that he and his family were not safe from you. You also told him that you would watch him leave the office and you would have followed him home and he needed to watch his back. You called the ASB officer again 30 minutes later and told him that you knew he has a flat in Edmonton and also knew that one of his colleagues lives in Edmonton. You also stated that you knew where they live and they were not safe.

35) On 9th January 2018 you called Kaunchita Maudhub (ASB Behaviour officer) and left a long voicemail on her work telephone number and made threats.

36) On 26th February 2018, at around 11.45pm it is alleged that you came to one of your neighbour's front door and started making loud banging noises and rattling with their letter box. You ran away after the neighbour opened her front door.

37) On 1st March 2018 it is alleged that you knocked on one of your neighbours' door loudly, you started rattling with their letter box and started shouting. This went on for 5 to 10 minutes but you left after you've heard that the neighbour was calling the police.

38) On 15th March 2018 it is alleged that you swore, shouted and assaulted one of your neighbours in front of his wife and his 3 years old child.

39) On 1st May 2018, you attended the Edmonton County Court as there was a hearing listed in relation to an injunction. It is alleged that you started shouting abuse, swore and make threats to two of the Claimant's employees (Lemmy Nwabuisi, ASB officer and Balbinder Kaur Geddes, lawyer) and to one of your neighbours who attended Court to give evidence. You also swore at a judge. These incidents were witnessed by members of staff working at the Court.

40) On 29th May 2018, it is alleged that you attended one of your neighbours' property; you took your dog with you and waited by their front door. It is alleged that you tried to intimidate them as they were due to attend a hearing in the Edmonton County Court to give evidence in support of a claim for an injunction issued against you.

41) On 30th May 2018, it is alleged that you made threats to kill to one of your neighbours. The matter was reported to the police. You were arrested and released on bail.

42) You assaulted one of your neighbours on the 26th August 2018 for flashing his toilet.

43) You telephoned two council officers (Lemmy Nwabuisi and Ludmilla Iyavoo) on 12th

September 2018 and made threats to them over the telephone. You also accused them of fraud and of fabricating evidence to support the Council's claim for an injunction

44) On 12th September 2018 at about 3.50pm, you called one of your neighbours on his mobile phone using a private number. It is not known how you obtained his number, but he terminated the call. You called again using the same private number, but he terminated the call as soon as he heard your voice. You called repeatedly after that.

45) On 24th September 2018 at about 11.30am, one of your neighbours returned home from dropping her daughter at school and as she entered their block of flat, she noticed that the middle door on the ground floor was open as well as your front door. As she went up the stairs to their second floor flat, your dog came out of your flat and started barking at her. The neighbour had to run up the stairs to her flat to escape from the dog. It was reported that your dog is always barking whenever they go out or return to the block and the neighbour and 4 years old daughter are terrified.

46) One of your neighbours reported that his cousin was leaving the block at about on 2nd October 2018 at 12.45pm, and as you exited the block, you followed him and suddenly grabbed his jacket from behind and tried to pull him to the ground. The cousin started shouting to attract neighbours and managed to push you off.

47) There are other reports from one of your neighbours who reported that on 30th September 2018, you attempted to break down his front door by kicking it several times only because he flashed his toilet.

48) It is reported that you continue to harass and intimidate other residents on a regular basis.

On the 25th of October he was arrested for breaching the injunction order and spitting at the police officer on arrest.

Treatment and progress on the ward

On admission to Dorset ward, Mr Cordell presented elated, mildly irritable and thought disordered. On arrival to the room he remained calm and polite. He started the conversation by asking for duty doctor's name, which he wrote down on a paper. He then stated he has been detained here illegally because they think he is grandiose. He then went onto give the duty doctor a timeline of events which were largely related to the police and his connection with mental health services. In summary, he holds paranoid ideas that the police have charged him 'in illegal ways' for an ASBO for 'organisation of illegal raves'. This has led to several on-going issues with the police who have involved mental health services and it is a conspiracy against him.

He states he wasn't assessed properly by doctors today (25/10/18) and that the doctors who saw him today(25/10/18) have previously tried to section him and 'failed' because he has 'video recordings' to prove he is innocent. He referred to multiple acts and dates which apparently are being broken by keeping him here.

He states he has several businesses that the police have tried to stop, including 'owning festivals' and his website called 'horrific corruption' and associated newsroom which he uses to expose police and doctors who are working in illegal ways. He states he has 'been wronged 78 times by the police' and will 'expose all of the doctors and police' involved.

He spoke about being a 'privileged member of the community' and has never tried to hurt anyone. He reports the police have framed him in a 'sex scandal' and caused multiple issues. He described a negative relationship with neighbours and states that they bang from above continuously. He states a previous partner was pregnant and the neighbours banging led to the

baby being lost.

He denies having a mental health illness and states he will get out of here once he has his laptop containing videographic proof and was requesting a tribunal. During the course of the conversation he refused to acknowledge he has been sectioned and was adamant he would be able to leave but was not forceful or physically attempting to leave.

When he was seen by ward doctor on the 26th of October Mr Cordell feels he is in hospital because the police have "falsified" a report that led to him being kept on a curfew for years.

He proceeded to talk at length about circumstance that led him to be charged for handling of stolen goods and suspicion of burglary in 2013. He believes the case was handled poorly and is sure the police were conspiring against him. "The abuse of process by the civil service was unreasonable".

Following this he reports being placed on a 2 year injunction and a 5 year curfew. He feels this has led to a breakdown in a 13 year relationship he had. He also reports this affecting his company –a community interest company he started up. At one point Mr Cordell also mentioned the police targeting him for holding large parties that he was adamant were not hosted by him.

Mr Cordell reports owning a couple of local festivals and talks about engaging with multiple charities helping children. He says he had to stop this as police were harassing him in front of the children. He alleges to own his own company, his own paper and has just bought his own book maker for 70000 pounds. He also reports having 180000 friends on Facebook due to all his free parties.

When asked about his neighbours Mr Cordell said he believes his neighbours have been making up complaints about him. "My neighbours are calling up the police after forging the paperwork." He feels that his neighbours have been attacking him and reports feeling anxious in his house. Simon says he "kept writing to the police saying please can you protect me".

He does not think he is unwell and does not think he has a mental health problem. He admits he might be elevated but he believes this is a constructive state.

Mr Cordell reports not being compliant with any of his medication at any point. He is refusing to take any medication during this admission. "I've spent thousands of pounds showing you my brain, me being alert saves lives."

Mr Cordell would like to appeal his section and feels that by keeping him in hospital we are breaching his rights. "Physical or mental suffering amount to torture"

He reports sleeping, eating and drinking well. Later he suggested this may not be the case stating "In the night time when my neighbours are asleep that's the best time for working".

Impression was that he presented with paranoid and grandiose delusions with significant mood component. In view of long term symptoms this is most likely consistent with a Schizoaffective disorder. He does not currently have capacity for treatment or admission.

He settled in over the weekend, personal hygiene remained poor, smell of cannabis on him was noticed.

On the 29th October 2018 when he was seen by a nurse he was irritable and quite hostile. He was

on the phone to his relative, complaining about police and claimed to be falsely accused.

On the 29th of October Formulation meeting was held:

Care coordinator 's feedback: This is only the second time meeting Simon. There have been issues with reports he is assaulting other residents in his council accommodation.

Nursing report: He appears paranoid on the ward.

Interview with patient:

Mr Cordell appeared very agitated and vocal and was keen to put across his opinion that he had been illegally detained.

Mr Cordell reports issues with police actions in regards to not giving him the ASBO folder properly – this was left outside instead of giving it to him directly. Mr Cordell continued to explain other problems with the police's treatment of him. This includes the metropolitan police having placed a photo of Mr Cordell in a folder in regards to a party he had no involvement with. He denies being involved in any of the parties mentioned in the ASBO. Mr Cordell spoke at length about the injustices surrounding his placement on curfew and the ASBO order.

He describes how on multiple times doctors have tried to assess him under the MHA and he has explained to them at each time the situation with the police. He was once placed under a section 2 and was able to appeal his section.

Mr Cordell reports the neighbours (?2 floors up) trying to deliberately disturb him by making a lot of noise and flushing the toilet multiple times. He feels they want him to get distressed and go upstairs to address them. They have been doing this over the last 4 years and are doing this throughout the day. From Mr Cordell's flat you can even hear them talking – there is apparently very poor sound proofing.

Mr Cordell has described a council official as having forged statements and falsely accusing him of threatening his life. Mr Cordell reports that he is being assaulted by his neighbours as is his partner's small child. He feels the stress from this situation may have been linked to his partner's miscarriage. Mr Cordell denies any acts of antisocial behaviour, even in retaliation. At every point where he approaches the upstairs neighbours he states he calls the police to ask them to "protect" him.

In regards to the recent arrest he reports the police attended due to a fraudulent call from the neighbours. The police tried to hand him a breach of harassment order which Mr Cordell ripped and spat on the paper. The police officer then yelled that he had spat on her. He was then arrested for assault on a police officer. This charge was dropped in the police station and he was referred for a MHA.

Mr Cordell is currently on benefits. He reports the expensive hardware he owns (eg 70000 pound bookmaker) he buys broken and second hand cheaply and fixes them. Mr Cordell works from home. He built a new model constitution – a community interest company which was a charity farm.

Collateral information:

His mother and uncle would like mental health service to stop referring to Mr Cordell reporting the police as being prejudice against him as delusional – they believe this can be proved (showing

photos of his company truck and hardware).

Mr Cordell 's mother is very upset that doctors have submitted reports stating that he is delusional and grandiose. They feel the AMHP report is grossly inaccurate.

Mr Cordell 's uncle is also upset that the mental health team would not provide Mr Cordell with a letter to assist with his housing situation.

They explain that the reason Mr Cordell has not be prosecuted for the complaints made by the neighbours is because each time Mr Cordell is able to "prove his innocence" directly to the police.

Mr Cordell 's mother believes he is very stressed due to the conditions of the ASBO and his neighbours disturbing him.

His uncle would like us to check the website that Mr Cordell has set up to highlight the injustices against him "horrificcorruption.com". (other websites mentioned by Simon include the Wayback machine and toosmooth).

Impression was that Mr Cordell was unstable in mental state and behaviour . He presented with persecutory delusions and possibly auditory hallucinations. Plan was :

1. Requires further review of notes
2. Liaise Enfield council re plans for housing – ask Rosie for input

Following the formulation meeting he presented very grandiose - showing staff and peers his website and that he has '20,000 emails and 500,000 phone contacts'. He seems elated and keen to get his message across.

Dr Timothy Rogers e-mailed Dr Greensides on the 30th of October 2018 as Mr Cordell was referred to a forensic sector prior MHAA and wrote that he has terrorised their patient (who lives above him) including one occasion taking him by the throat and left our patient feeling unable to walk around on the floor or even flush his toilet chain for fear of sparking another altercation (with no basis) about excessive noise.

Mr Cordell was reviewed on the 31st of October 2018 by Dr Greensides (Consultant psychiatrist) , Dr Elia and Dr Bruce:

Mr Cordell confirms his problems began in 2013. He moved into his premises in 2013 – there was evidence of CO poisoning in the flat and all the boiler systems and alarms had to be replaced.

Mr Cordell has been held on curfew for a long time for organising a party and ?wrongly accused of damaging the premises. Also was accused of burglary and handling of stolen goods – he was found innocent on both accounts.

Mr Cordell reports having had a "relationship" with his current partner Katy for the last ?20 years. She has a son from a previous relationship.

The problems with the neighbours have been going on for 4 years now. Mr Cordell is concerned about his neighbours, in particular to how their behaviour might affect their child. 6 flats in total in his council building – the neighbours that are problematic are 2 floors above Mr Cordell's. These

particular neighbours bang on the water pipes, stamps on the floor (this echoes through the flat between) – this happens first thing in the morning and goes on through the day.

Mr Cordell believes his neighbours sit in their flat eavesdropping on Mr Cordell's whereabouts. When he enters the bathroom they enter their bathroom and flush the toilet a lot. Simon has Video and Audio recordings throughout his flat in order to prove his innocence. There is a husband and wife living there as well as a new born baby. Mr Cordell reports he can hear this family talking but he can't make out what they are saying – he denies them saying anything negative about him "they've never spoke to me".

Simon has personal information about his neighbour which he feels is proof of tax evasion – he reports the family own 50 houses in the UK. The neighbour has changed their surname in order to accommodate some scheme to avoid tax – Mr Cordell reports he has "100% evidence" that this is true and feels it is relevant to him because of how they are treating him. Mr Cordell believes what the neighbours are doing is a hate crime.

Mr Cordell denies ever having felt like the TV was talking to him or that the council was advertising his information. Mr Cordell does feel his personal information is being advertised somehow – friends have approached him and have information about him he believes can only have come from secure computer systems.

Mr Cordell is not concerned about his tenancy at the moment – he states he has recordings that prove his innocence. Simon is aware the council has told him to stay away from his neighbours – since this time he states he hasn't approached his neighbours. He wants to publish a book about what has been going on. Simon does not appear to accept that he has become fixated on this issue.

Mr Cordell does not think his problems with his neighbours are in any way due to him having a mental health problem. Mr Cordell wouldn't like to take medication as he doesn't feel he needs it and is concerned medication may impact his ability work. He is particularly concerned that the medication will "dope him out".

Mr Cordell states he has a good family support network. He is happy to see the ward psychologist.

Mr Cordell has been informed that a referral to a forensic psychiatrist who may want to visit him on the ward.

Impression was that he presented with persecutory delusions and poor insight into his condition. Not currently deemed to be a risk to himself or others. He could be at high risk of losing accommodation if continues untreated. Plan was :

1. For Section 17 leave
2. No medication at present
3. Refer to ward Psychologist – Dr Patkas

. He has terrorised our patient (who lives above him) including one occasion taking him by the throat and left our patient feeling unable to walk around on the floor or even flush his toilet chain for fear of sparking another altercation (with no basis) about excessive noise.

Opinion and recommendations

1. Mr Cordell suffers from a mental disorder, the symptoms of which at present are persecutory delusions, grandiose beliefs and attitude. In addition, he also presented thought disordered with circumstantial thinking. Probably he has been experiencing auditory hallucinations too. His condition is complicated by poor insight into his mental health illness and substance misuse.
2. This illness is currently of a nature and degree to warrant detention under section 2 of the mental health act.
3. Without this there are risks to his health, principally mental health which is likely to continue to deteriorate without intervention. He is also at high risk from being evicted from his current accommodation which could put his mental and physical health at significant risk. His safety is compromised by possible retaliation from others when he is behaving aggressively towards other people. As well as the safety of others as he was aggressive to his neighbours, council employees and police prior to admission.
4. This cannot be carried out in the community as he has limited insight and refuses intervention, tried for a number of years and failed.
5. Should he be discharged then he will be referred to the HTT, but is not likely to engage.
6. Tribunal need no special arrangements to accommodate Mr Cordell.

Dr Maja Elia

ST6 to Dr Jonathan Greensides

Consultant Psychiatrist, Dorset ward